

All menu items are subject to change without notice.

MARCH 2023

GRADES 9th–12th



Alternative Entrée Options Available Daily

Monday—Cheese Bites
 Tuesday—Corn Dog
 Wednesday—Bosco Stick
 Thursday—Chicken Nuggets
 Friday—School Pizza

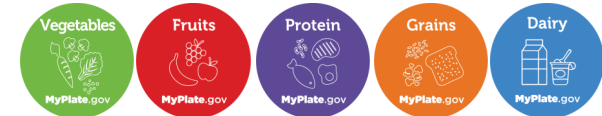
OFFERED WITH EVERY MEAL
 FRUIT
 1% MILK

PRICES

STUDENT—\$3.20
 REDUCED—\$0.40
 ADULT—\$3.50
 MILK—\$.60

BUILD A MEAL

CHOOSE AT LEAST 3 COMPONENTS INCLUDING 1 FRUIT AND/OR VEGETABLE



FOR A NUTRITIOUS MEAL CHOOSE ALL 5!

Monday	Tuesday	Wednesday	Thursday	Friday
		Potstickers Fried Rice Steamed Broccoli 1	Spaghetti Garlic Bread Green Beans 2	Cheese Bites Marinara Cowboy Beans 3
Chicken Nuggets 6 Sweet Potato Fries Corn Chocolate Chip Cookie	Pizza 7 Steamed Broccoli Sunset Slushy	Cheeseburger 8 Lettuce & Tomato Tater Tots	Walking Taco 9 Shredded Lettuce Diced Tomato	Grilled Cheese Sandwich 10 Tomato Soup Carrot & Celery Sticks
Hot Dog 13 Baked Beans Sunset Slushy	Pizza 14 Spinach Salad	BBQ Pork Rib Sandwich 15 Mashed Potatoes Corn	Orange Chicken 16 Fried Rice Carrot Sticks Dragon Punch Cookie	Italian Dippers 17 Marinara Garden Salad
Sloppy Joe 20 Hummus Carrot & Cucumber Sticks	Pizza 21 Steamed Broccoli Dragon Punch	Ham & Cheese Croissant 22 California Blend with Cheese Ranch Crunchers	KFC Style Bowl 23 Chocolate Chip Cookie Warm Biscuit	Bosco Sticks 24 Marinara Peas & Carrots
Juicy Chicken Sandwich 27 Lettuce & Tomato Baked Beans Potato Wedges	Pizza 28 Garden Salad Sunset Slushy	Buffalo Chicken Dip with Chips 29 Carrot & Celery Sticks Sunset Slushy	Sausage & Cheese 30 Pancake Sandwich Emoji Fries	Grilled Cheese Sandwich 31 Tomato Soup Carrot & Celery Sticks

For more information visit us at www.ecusd7.org If you have any questions or comments, please contact Food Service Shira Patterson (618) 655-6022 spatterson@ecusd7.org